

HVVC National Teams 2010:	Regional Teams 2010:	15's-18's A2 – Elite Team 2010:
<p>Teams will attend Michigan and Midwest Travel tournaments</p> <p>Power league OVR, Toledo OH</p> <p>(2) National Qualifiers (probably one airfare) or other National Tournament out of state</p> <p>President Cup - Dayton or Columbus (OH)</p> <p>East Coast Championship - Pittsburgh (PA)</p> <p>Two 2-day tournaments at MI-OH (Like BOA, Volleyfest, etc)</p> <p>Bid Lakeshore Tournament</p> <p>End of season Nationals in AAU-Orlando, <i>Asics in Chicago or Prep VB classic, and Jo's if qualify</i></p> <p>Includes Nov/Dec 5 week Skills + agility and conditioning clinic, 5-7 hours a week of practice for 24 weeks (18's have short season), setter practices, Jan to June - 8 months training</p> <p>Includes 2 Coupon 2010 (\$25 to be use in any "2010" Clinic, Private lesson or Camps), and 3 jerseys and 2 pair of spandex</p> <p>The \$200 will be deposit for JO'S, and be reimbursed if the team does not qualify.</p>	<p>Teams will attend Michigan and Midwest Travel tournaments</p> <p>Power league OVR or Michigan Power league</p> <p>President Cup - Dayton or Columbus (OH)</p> <p>East Coast Championship - Pittsburgh (PA)</p> <p>Two 2-day tournaments at MI-OH (Like BOA, Volleyfest, etc)</p> <p>3 USAV/AAU Tournament</p> <p>AAU Michigan States tournament</p> <p>End of season tournament: Asics in Chicago or Prep VB classic.</p> <p>Includes Nov/Dec 5 week Skills + agility and conditioning clinic, 5 hours a week of practice for 24 weeks, setter practices, Jan to June - 8 months training</p> <p>Includes 2 Coupon 2010 (\$25 to be use in any "2010" Clinic, Private lesson or Camps), and 3 jerseys and 2 pair of spandex</p>	<p>Teams will attend Michigan tournaments.</p> <p>Michigan Power League or 3 AAU tournaments (winter)</p> <p>Two 2-day tournaments at MI-OH (Like BOA, Volleyfest, etc)</p> <p>Five 1-day short-drive tournaments AAU/USAV</p> <p>AAU Michigan States tournament</p> <p>Optional: (add \$250-280) One National Year-end Tournament (Asics -Chicago)</p> <p>Includes Dec 3 week Skills + agility and conditioning clinic</p> <p>Includes 4 hours a week of practice for 24 weeks (92 hours), Jan to June</p> <p>Includes 2 Coupon 2010 (\$25 to be use in any "2010" Clinic, Private lesson or Camps), and 2 jerseys</p>

14's-13's A2 – Elite Team 2010:	12's A2 – Elite Team 2010:	States, Local and 10's and under
<p>Teams will attend 9 Michigan tournaments for 16 days of competition.</p> <p>Power League or 3 AAU tournaments (winter)</p> <p>Two 2-day tournaments at MI-OH (Like BOA, Volleyfest, etc)</p> <p>Five 1-day short-drive tournaments AAU/USAV</p> <p>AAU Michigan States tournament</p> <p>Optional: (add \$250-280) "End of Season" Tournament (Asics -Chicago)</p> <p>Includes Nov/Dec 5 week all Skills clinic, and 3 hours a week of practice for 22 weeks, Jan to June - 8 months training</p> <p>Includes 2 Coupon 2010 (\$25 to be use in any "2010" Clinic, Private lesson or Camps), and 2 jerseys</p>	<p>Teams will attend 11 Michigan tournaments for 13 days of competition.</p> <p>3 AAU one day winter Tournaments</p> <p>One 2-day tournaments at MI-OH (Like BOA, Volleyfest, etc)</p> <p>Five 1-day short-drive tournaments AAU/USAV (spring)</p> <p>AAU Michigan States tournament</p> <p>Optional: (add \$250-280) "End of Season" Tournament (Asics -Chicago)</p> <p>Includes Nov/Dec 5 week all Skills clinic, and 3 hours a week of practice for 22 weeks, Jan to June - 8 months training</p> <p>Includes 2 Coupon 2010 (\$25 to be use in any "2010" Clinic, Private lesson or Camps), and 2 jerseys</p>	<p>These teams start play in April 2010</p> <p>Will play a number of 1-day short-drive tournaments AAU</p> <p>Practices will be at local area schools (Dexter, Ypsilanti, Chelsea)</p> <p>Only State teams will play in the two-days AAU State tournament</p> <p>Tryouts and Registration start at the end of February or beginning of March 2010</p> <p>More information in January 2010</p>